

SALADS



WATERMELON GF 12.95

watermelon, red onion, cucumber, feta cheese, mint, lime wedge

ISLAND GF 11.95

spring mix, tomato, mango, candied pecans, julienne carrots, gorgonzola cheese, raspberry vinaigrette

CAESAR 11.95

chopped romaine, parmesan cheese, croutons, garlic parmesan dressing

SALAD ADDITIONS

add chicken + **7.95**

add shrimp + **8.95**

add grouper + **14.95**

VERA CRUZ BOWL 25.95

choice of blackened grouper, chicken, shrimp or pork carnitas over black beans and yellow rice topped with guacamole, pico de gallo and queso fresco

GF GLUTEN-FREE OPTION

* Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

For parties of six or more, a 20% service charge will be added to the check.

Cabañas

BEACH BAR + GRILLE

STARTERS

CABAÑAS NACHOS GF 16.95

chili or smoked bbq pork, cheddar jack cheese, pico de gallo, jalapeños, guacamole

CHICKEN + CHEESE QUESADILLA 16.95

grilled chicken, cheddar jack cheese, flour tortilla, side of sour cream, pico de gallo, and guacamole

CRISPY HOUSE SMOKED CHICKEN WINGS GF 16.95

10 wings with choice of hot buffalo, bbq, dry bbq rub, or sweet chili

COCONUT SHRIMP 15.95

sweet chili sauce, lemon

HOUSE SMOKED FISH DIP 14.95

served with tortilla chips, lemon, and hot sauce

CHIPS + SALSA GF 12.95

with guacamole

MOZZARELLA STICKS 14.95

with a side of marinara

CABAÑAS FRIES GF 16.95

korean bbq pork, cheddar cheese sauce, green onion, cilantro, sriracha

GULF COAST PINK SHRIMP — PEEL + EAT GF 1/2 LB 13.95 1 LB 22.95

served hot with old bay and cocktail sauce



CABAÑAS CRAB CAKES 24.95

two lightly fried crab cakes with tropical slaw and spicy avocado ranch

BASKETS

Served with french fries, slaw, lemon, tartar sauce and cocktail sauce

CRISPY JUMBO SHRIMP 24.95

FRIED GROUPER FINGERS 27.95



HANDHELDS

All handhelds are served with the choice of french fries, chips, slaw, side salad, or fruit. For sweet potato fries or onion rings + **1.50**
Gluten-free buns are available for items marked GF

BLT 14.95
thick cut bacon, lettuce, tomato, mayo
add blackened shrimp + **8.95**
add blackened grouper + **12.95**

CABAÑAS BURGER* GF 18.95
½ lb charred burger, choice of cheese, lettuce, onion, tomato
add bacon + **2.50**



TUSCAN CHICKEN SANDWICH GF 18.95
grilled chicken, fresh mozzarella, bacon, lettuce, tomato, onion, basil pesto aioli

BBQ PORK SLIDERS 16.95
house smoked bbq pork tossed in a zesty bbq sauce topped with slaw

GULF COAST GROUPER SANDWICH GF 25.95
blackened, grilled, or fried grouper with lettuce, tomato, onion

GROUPE REUBEN 26.95
blackened grouper, slaw, swiss cheese, thousand island, marble rye

FRENCH DIP 22.95
house made roast beef, provolone cheese, sub roll, au jus

CUBAN SANDWICH 17.95
house smoked pork, ham, swiss cheese, pickles, mustard, cuban bread

¼ LB HOT DOG 11.95
add chili and cheese + **3.95**



SOFT TACOS
choice of protein, two flour tortillas, pico de gallo, guacamole, queso fresco

blackened grouper 24.95
shrimp 18.95
blackened chicken 18.95
pork carnitas 17.95

KIDS MENU 11.95 EACH

For kids 12 and under. Served with french fries + a cookie

CHICKEN FINGERS **CORN DOG**
CHEESEBURGER **GRILLED CHEESE**

DESSERT 10.95 EACH

Chef's homemade selections

CABAÑAS PIE GF **KEY LIME PIE**
chocolate-peanut butter



SIDES

HOUSE SLAW 3.50
FRENCH FRIES 6.95
SWEET POTATO FRIES 7.95
ONION RINGS 8.95
SIDE SALAD 6.95
FRUIT 3.95

AFTER 4PM ENTRÉES

½ RACK OF HOUSE SMOKED BABY BACK RIBS GF 25.95
with slaw and choice of 1 side, mild or hot bbq sauce

½ LB HOUSE SMOKED PULLED PORK GF 22.95
with slaw and choice of 1 side, mild or hot bbq sauce

BBQ PLATTER GF 28.95
4 ribs, 6oz smoked pork, 6 smoked chicken wings (choice of sauce), slaw and choice of 1 side

RASTA PASTA 23.95
jerked chicken, tomatoes, bell peppers, garlic, tossed with cavatappi pasta in parmesan cream sauce

SHRIMP + LINGUINE SCAMPI 27.95
jumbo gulf shrimp sautéed in garlic butter with tomatoes, white wine, lemon, parsley

CAPRESE CAVATAPPI 23.95
cherry tomatoes, fresh mozzarella, tossed in a pesto cream sauce

